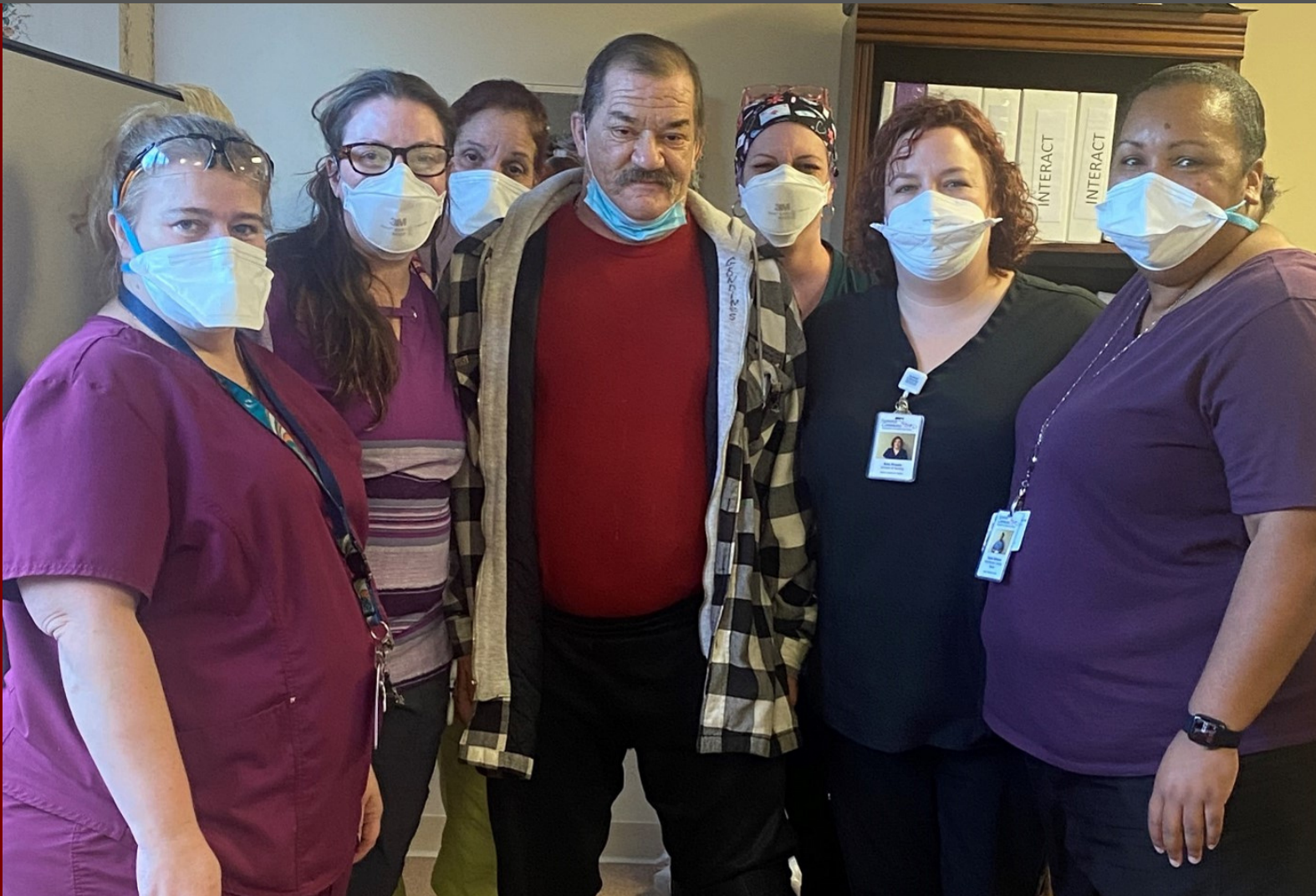


"WHEN I FIRST CAME TO SUMMIT COMMONS I WAS IN A WHEELCHAIR, I COULD NOT WALK, HAD WOUNDS ON MY LEGS AND SEVERE BACK AND LEG PAIN.

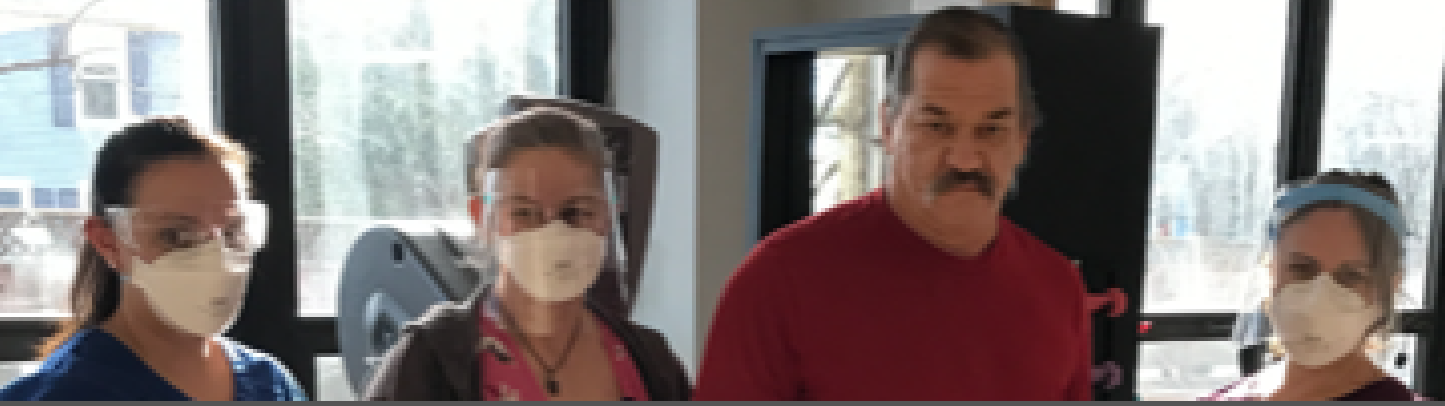
THE STAFF, ESPECIALLY LINDA PT, HELPED ME OUT A LOT. NOW I'M WALKING ALONE (INDEPENDENTLY AND NO DEVICE). I AM LIFTING WEIGHTS AND FEELING GREAT. I'M READY TO BE ON MY OWN."

Normand Grondines



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*Summit
Commons*
Rehabilitation and Health Care Center



Normand was admitted to Summit Commons in June of 2021. Upon admission, he presented with an abscess and bacteremia in his shoulder which required a wound vac, cellulitis, pain and swelling in both legs and severe sciatic pain. He experienced acute renal failure in the hospital and was on dialysis. He required assistance to move in bed, transfer from a bed to a chair, and was only able to walk 60' with a rolling walker and assist. He was experiencing significant pain in his shoulder, back and legs, which interfered with his function. He had little range of motion and strength in his dominant arm and required a good deal of assistance to perform washing and dressing.

Normand received medical treatment at Summit Commons and his shoulder and leg infections were healed. His renal failure improved and he no longer required dialysis. He worked with therapy on increasing his arm range of motion and strength, ADLs, leg strength, spinal mobility, activity tolerance and balance. He was discharged from therapy in October at an independent level for all activities of daily living, including bathing, dressing, and cooking. He was able to walk long distances both indoors and outdoors without a device. His severe pain had resolved.

Unfortunately, Normand had no place to return to if he was discharged from the center. Our team worked with Normand to assist him financially and to find him housing.

Prior to his hospitalization, Normand had lived with and cared for an elderly friend. He also had a dog of his own, Livvy. Shortly after being admitted to our center, the son of the woman Normand cared for, took his mother to Maryland to live closer to him. The home Normand lived in prior to his admission was sold, and Normand's dog was sent to a shelter.

A week before Christmas Normand told the staff (now his friends) that he was discharging to Maryland to go live with and care for his elderly friend again. Arrangements were made for Normand to travel the day after Christmas to Maryland.

During his stay, Normand talked a lot about the loss of his dog, Livvy. A staff member was able to track her down and discovered where she was living in foster care. Upon discharge, Normand was reunited with Livvy and started their journey to Maryland. Talk about a Christmas Miracle!!